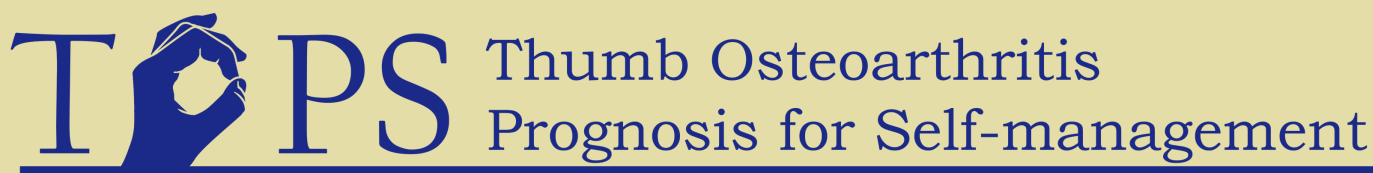


NEWSLETTER

DECEMBER 2023



Recruitment

The TOPS Study began recruiting on 8th August 2023. The study aims to recruit 150 people and follow their progress for 6-months.

Participants

56

56 people have consented to take part in the TOPS Study - this is great progress. The interview study will begin this month, once the first batch of 3-month questionnaires have been returned. Thank you for filling out the questionnaires.

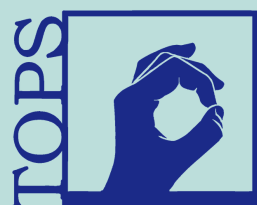
Target 150 participants

37%



Merry Christmas!

from the TOPS Team



<https://www.thetops.study>