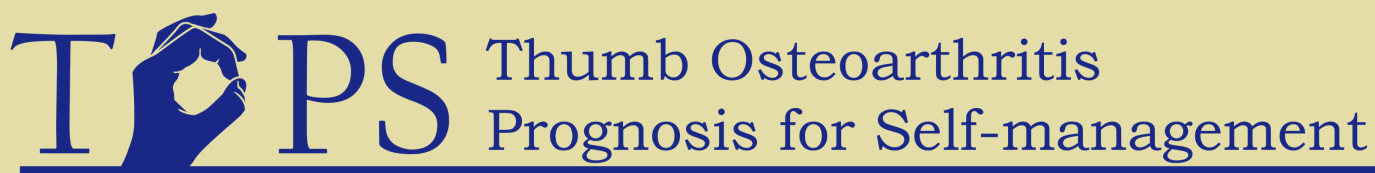


NEWSLETTER

MAY 2024



Thank you TOPS participants

The TOPS Study began recruiting on 8th August 2023. The study aims to follow your progress for 6-months to understand how we can improve NHS care, thank you for helping us to achieve this goal.

Participants

123

123 people are part of the TOPS Study – this is great progress!

Interviews are continuing – 11 selected participants have shared their experiences so far. Only 2 out of 3 people are filling in their 3 & 6 month follow-up questionnaires. We know these take time, **please** persevere, & let us know if you need assistance. We really need everyone to fill them in.

Target 150 participants

82%



Why do we need to know your progress?

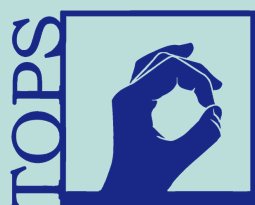
1. Research in thumb base OA tends to follow people for less than 3 months after treatment.

We need your questionnaires to understand if you have improved at 3 & 6 months after treatment.

2. We know not everyone benefits from non-surgical treatment.

We need your questionnaires to understand if there are characteristics that indicate who will and won't benefit from this care.

Both of the above will help us make recommendations to improve the care of thumb base osteoarthritis.



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<https://www.thetops.study>